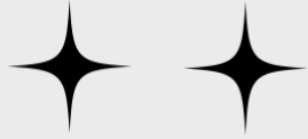
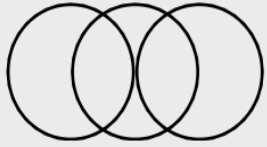
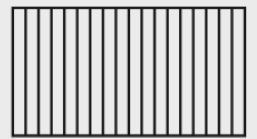
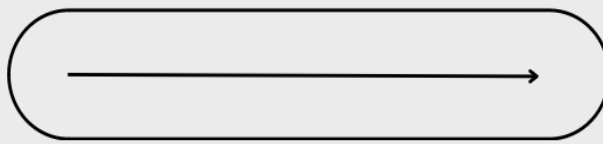


SPREAD



HOPE CHALLENGE

HOW TO PARTICIPATE

1. **PICK** A SERVE OPPORTUNITY
2. **INVITE** YOUR FRIENDS AND FAMILY
3. **SERVE** YOUR CITY
4. **REPORT** YOUR SERVE IMPACT
5. **TAG** US ON SOCIAL MEDIA
@yourhopecitymissions

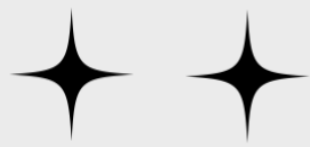
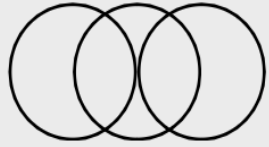
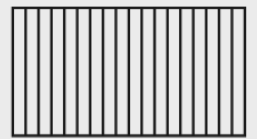
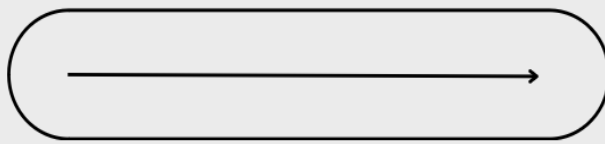
HOW TO REPORT YOUR SERVE IMPACT

FOLLOW THE LINK BELOW **OR** SCAN THE QR CODE TO
REPORT YOUR SERVE IMPACT

<https://wkf.ms/3XUI8Jt>



SPREAD

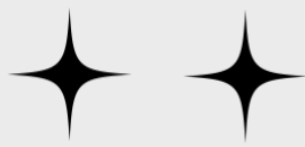
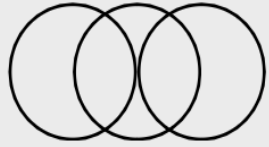
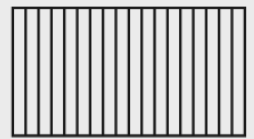
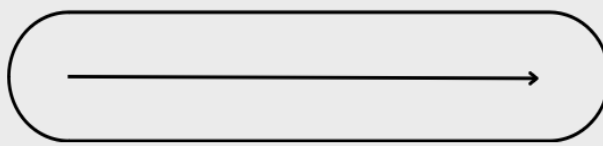


HOPE CHALLENGE

100+ IDEAS TO SPREAD HOPE

1. Lunch for First Responders with encouraging letters.
2. Candy for Cashiers - Ask the Cashier at a local grocery store what their favorite candy is and buy them their favorite!
3. Hope for Hospice - flowers, balloons, cards of encouragement. Provide meals for families.
4. Restaurant Blitz - Surprise a local restaurant with a cookie cake and balloons - the cookie cake can say the name of the restaurant to show you went the extra mile.
5. Shopping Spree For Foster Teens - set an amount and let them shop!
6. Business Blast - Bless local businesses with donuts or a sweet treat.
7. Surprise a single Mom with a mini home makeover.
8. Stock the pantry at a local non-profit ministry.
9. Miracle League - Volunteer to play sports with special needs through a local organization. They are always looking for volunteers.
10. Sunday CookOut - Offer a burger and a bag of chips to families leaving church on Sunday.
11. Organize Single Mothers Closet
12. Write letters For Inmates
13. Free PopCorn in the Park
14. Free frozen Towels giveaway to homeless
15. Paint Fingernails for elderly
16. Meals at Motel
17. Teachers Kit - Back to school teacher kits
18. Family game night Bag decorating
19. Host a mini marriage conference
20. Smartphone Class for elderly
21. Arcade Blitz - Preload money on to a game card and pay for people's gameplay at the arcade.
22. Free Ice Cream Truck - Fill a cooler with Frozen Bomb Pops or Ice Cream Sandwiches and host a pop up at a group home or orphanage.
23. Letters of Hope - Write letters of encouragement to inmates and partner with a local prison ministry to deliver the letters to the prison.

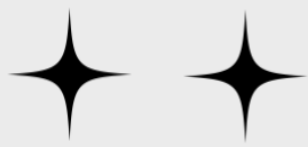
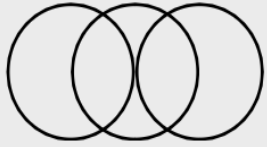
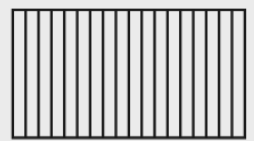
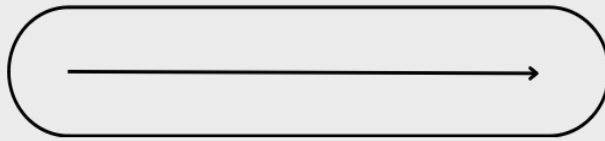
SPREAD



HOPE CHALLENGE

24. Host a mini Packathon for a local nonprofit.
25. Blitz - Gather a group of friends at a local grocery store and purchase donation items for a local nonprofit.
26. Host a Free lemonade stand at a park or central shopping mall green space.
27. Beat the Heat - partner with a local food truck and pass out free waters to their customers.
28. Offer to pressure wash a few driveways in your neighborhood.
29. Host a board game night and write Letters of Hope to orphans and Foster children.
30. Host a movie night and decorate brown paper bags for Kids Meals.
31. Free Water Project - Fill coolers with Ice cold water and distribute it in a homeless community.
32. Free Water Project - Fill coolers with Ice cold water and distribute to runners at a local park.
33. Leave encouraging messages of hope on a sticky note around your city.
34. Summer League - sponsors a local youth athletic team for the day and provides drinks and snacks for the players.
35. Big Tippers - gather a group of friends together and go out to coffee or eat at an inexpensive restaurant. Everyone contributes \$10 towards a tip and bless your waiter or waitress.
36. Volunteer at an Urban Garden.
37. Host a Free sports clinic at a local gym or neighborhood park.
38. Giveaway free toys and games to kids in the hospital.
39. Host a Free garage sale.
40. Provide home repairs for elderly or disabled.
41. Provide yard cleanup or beautification for elderly, widowed, or single mom.
42. Hope on Demand Bags - Deliver hygiene packs to people experiencing homelessness in your community.
43. Do a community prayer walk and trash pick up.
44. Pay at the pump! - buy gas cards at a set limit and pay for someone's gas at the pump.
45. Drive Thru Blitz - Partner with a local restaurant to pay for the meals of customers in the drive thru. Leave a note of encouragement.
46. Pay for the coffee orders of customers at your local coffee shop. Ask the barista to leave a positive note on the cup.
47. Buy popcorn for moviegoers at your local movie theater.
48. Buy lunches for Veterans at the VA hospital.
49. Throw a surprise birthday party for elderly, disabled, or single mom/dad in the community.
50. Make-A-Wish! - Identify a teen or youth with a extreme need, disability, loss in your community, and find out their #1 wish. Raise money. Make calls. Do everything in your power to make that wish come true!
51. Volunteer at a local outreach center for at-risk youth.
52. Host a Back-to-School drive and collect school supplies for schools in underserved areas.

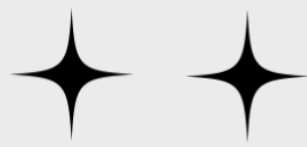
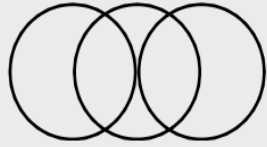
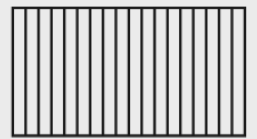
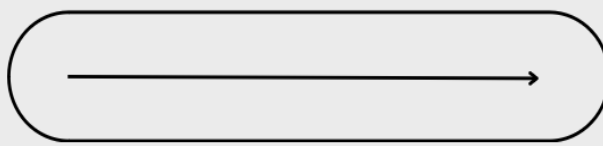
SPREAD



HOPE CHALLENGE

53. Give away blankets to individuals living in a homeless community.
54. Give away food to individuals living in a homeless community.
55. Bring breakfast or lunch to your workplace.
56. Pick up trash in the city or at a local community park.
57. Host a day in the park. Play games like basketball, frisbee, volleyball and provide water and Gatorade for the community.
58. Take a day trip to another city or state and serve the local community by passing out cold drinks to pedestrians.
59. Volunteer at a local food pantry or nonprofit in another city or state.
60. Go to the store as a group and pay for someone's groceries.
61. Write letters of encouragement for cashier clerks at a local grocery store.
62. Write positive affirmations for waitresses at a local restaurant.
63. Drive a van and deliver meals to families suffering from food insecurity during the week with Kids' Meals.
64. Decorate bags for Kids' Meals (Go the extra mile by filling the bags with shelf stable meals)
65. Duffel bag/suitcases for foster kids
66. Crowns for Queens - order plastic tiaras and walk through stores encouraging women and crowing them, reminding them they are worthy because God said so.
67. Buckets for Bros - gather a group of guys and go to a golf range and pay for someone else's bucket at the range.
68. Free popcorn at your local movie theater and give out high fives.
69. Pop-Up Baby Shower - find a new expecting mom in your community and bless them with diapers and wipes! (Throw in a cake and balloons to go the extra mile)
70. Walk your elderly neighbor's dog.
71. Ask your elderly neighbor what they like to eat for their favorite breakfast or brunch and make it for them.
72. Hang out with someone in your elderly community. Find out what they like to do for fun and plan an activity with them.
73. Go to your local retirement home and read to the elderly in your community.
74. Take a journal to a retirement home and ask several of the residents for a nugget of wisdom to compile in your journal.
75. Setup a Meal Train for a family in need in your community. Identify local single parent, elderly, foster family, NICU parent, someone experiencing illness or is hospitalized, or a family expecting a child. This can be done online or via gift cards.
76. Volunteer at a local home or center and hang out with the residents.
77. Handing out roses with scriptures to people in your community.

SPREAD



HOPE CHALLENGE

78. Hand out balloon art or balloons to families in the park with positive affirmations on them.
79. Write letters of Hope to soldiers deployed overseas.
80. Write letters of Hope and hand out stuffed animals to kids the pediatric ward of a hospital.
81. Baking cookies for your local fire department.
82. Leave money on a vending machine.
83. Leave money inside of boxes of diapers and wipes at your local store.
84. Volunteer at your local animal shelter.
85. City park clean up
86. Pizza party for disabled kids
87. Paint and do light home renovations for elderly in your community.
88. Ice cream sundae party for youth at a local orphanage or foster home.
89. Help young adults at a Transitional Living facility that have fostered out with resumes.
90. Volunteer at a local big brother and big sister organization.
91. Volunteer to be a VBS or summer camp leader.
92. Send a dessert to a random table at a restaurant
93. Pop Up Prayer Booth - set up a booth or stand in a local park and ask people how you can pray for them.
(This can be paired with giving out free water or lemonade.)
94. Offer to wash your cars in your neighborhood for free.
95. Host a family or group night at a roller rink and pay for someone's admission or meal/refreshments.
96. Hand out written compliments to strangers at a store/park
97. Electric Frenzy - Gather a group of friends or family and rent scooters or bikes in your local city and ride around looking for people to bless with a free ride.
98. Hand out new socks to the homeless in your community.
99. Drive around and pass out popsicles and scriptures to panhandlers on the road.
100. Gather a group of friends or family and pitch in to treat a mentor, leader or important person in your life to lunch or dinner at a nice restaurant.
101. Provide free maternity pictures to families in your community.
102. CREATE YOUR OWN PROJECT :)

REPORT YOUR SERVE IMPACT

SCAN QR CODE OR COPY LINK BELOW

<https://wkl.ms/3XUI6Jt>

